Recipe Allergen Matrix - PRIMARY (ALL)

July 2024 (2024/25 Menus V.1)

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Recipe Group	Recipe Code	Description	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphites	Almonds	Barley	Brazil Nuts	Cashew Nuts	Hazelnuts	Macadamia Nuts	Oats	Pecan Nuts	Pistachio Nuts	Rye	Walnuts	Wheat
BASE Recipes	R00003	Bechamel Sauce	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BASE Recipes	R00027	Cheese Sauce	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BASE Recipes	R00029	Custard	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00030	Chocolate Sauce	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00034	Pastry	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	C
BASE Recipes	R00138	Gravy	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00146	Filling Tuna Mayo	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00150	Lemon Mayo	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00151	Sweet Chilli Mayo	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00179	Filling Cheese & Beans	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00181	Apple Sauce	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00274	Butter Icing	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00284	Barbecue Sauce	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00327	Chocolate Butter Icing	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01508	Sage and Onion Stuffing	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BASE Recipes	R01510	Orange Buttercream	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01517	Tomato Ketchup	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01519	Toffee Butter Icing	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01528	Mayonnaise	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01544	Filling Grated Cheese	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01549	Mint Yoghurt Sauce	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01640	Bechamel Sauce - Knorr	M	C	N	M	N	N	C	N	M	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00007	Apple Flapjack	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	C	N	N	N	N	M
BISCUITS	R00008	Oat & Syrup Cookie	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	C	N	N	N	N	C
BISCUITS	R00009	Shortbread	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00010	Sultana Cookie	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00011	Cherry & Coconut Cookie	N	C	N	C	N	N	M	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00012	Flapjack	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	C	N	N	N	N	M
BISCUITS	R00013	Ginger Cookie	N	C	N	N	N	N	M	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	N	N	C
BISCUITS	R00014	Lemon Shortbread	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00015	Shrewsbury Biscuit	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00016	Chocolate Cookie	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00017	Chocolate Shortbread	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C

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Recipe Group	Recipe Code	Description	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphites	Almonds	Barley	Brazil Nuts	Cashew Nuts	Hazelnuts	Macadamia Nuts	Oats	Pecan Nuts	Pistachio Nuts	Rye	Walnuts	Wheat
BISCUITS	R00018	Jam & Coconut Cookie	N	C	N	C	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00019	Australian Crunch	N	C	N	N	N	N	M	N	N	N	N	N	M	C	N	C	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00020	Coconut Cookie	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00021	Chocolate Crunch	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00024	Orange Cookie	N	C	N	N	N	N	M	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	N	N	C
BISCUITS	R00125	Parsnip Flapjack	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	M	N	N	N	N	C	N	N	N	N	M
BISCUITS	R00202	Lemon Finger	N	C	N	N	N	N	M	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00206	Polish Cake	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	M	N	C
BISCUITS	R00331	Viennese Cookies	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00528	Orange & Chocolate Flapjack	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	C	N	N	N	N	M
BISCUITS	R01511	Orange Shortbread	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00026	Garlic & Herb Jacket Wedges	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00032	Brown & White Rice	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00033	Jacket Potatoes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00055	Spaghetti	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00059	Noodles	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00117	Roast Potatoes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00118	Yorkshire Pudding	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00137	Diced Potatoes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00259	Every Day Bread/Roll/Wedge	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00347	Garlic Bread	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00670	Naan Bread	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00839	Plain Pasta	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R01518	McCain Original Choice Medium Chips	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R01536	Lamb Weston Twisters Curly Fries	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R01570	McCain Simply Mash	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R01604	Potato Crunchies (Tiny Tater)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R01606	French Stick	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R01789	Bidfood Sandwich Baps	N	C	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R01790	Bidfood Hotdog Roll 6.5in	N	C	N	N	N	N	N	N	N	N	N	M	M	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R00078	Carrot Cake	N	C	N	C	N	N	M	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R00092	Blueberry Muffin	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	N	N	C
COLD Pudding	R00093	Vanilla Iced Sponge	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C

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COLD Pudding	R00097	Fruit Jelly	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R00133	Cornflake Cake	N	C	N	N	N	N	C	N	N	N	N	N	M	N	N	C	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R00139	Apple Muffin	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	N	N	C
COLD Pudding	R00173	Chocolate Brownie P	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R00351	Seasonal Fresh Fruit Salad	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R00380	Mango & Orange Sorbet	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R00537	Beetroot Brownie	N	C	N	C	N	N	M	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	N	N	C
COLD Pudding	R00656	Vanilla Ice Cream Tub	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R00740	Rocky Road	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	M	N	N	N	N	C	N	N	N	N	C
COLD Pudding	R01509	Plain Cupcake	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01526	Strawberry Ice Cream Tub	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01563	Seasonal Fruit Platter	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01581	Macphie Chocolate Muffin / Cupcake (P)	N	C	N	C	N	N	C	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01614	Apple Puff Slice	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01615	McDougalls Toffee Apple Slice	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01637	Chocolate Ice Cream Tub	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01779	Muller Healthy Balance Yoghurt Mixed	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01799	Strawberry & Cream Waffle	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00038	Jacket Potato with Cheese	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
DELI Option	R00122	Deli Bar Chicken Noodle Pot	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00142	Chicken Pasta Pot	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00162	Deli Bar French Bread Pizza	N	C	N	N	N	N	C	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00575	Deli Bar Chicken Burger Bun	N	C	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01086	Egg Mayo White Tortilla Wrap	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01143	BLT(Streaky) Half White Baguette	N	C	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01181	BBQ Chicken White Tortilla Wrap	N	C	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01255	Tuna Mayo White Tortilla Wrap	N	C	N	C	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01576	Santa Maria Tortilla Chips P	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N
DELI Option	R01821	Theo's Marinated Chicken & Chips Loaded T	N	N	N	C	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N
DELI Option	R01822	Theo's Marinated Chicken & Wedges Loade	N	N	N	C	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N
DELI Option	R01823	Chicken in a Bun	N	C	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01826	Grated Cheddar Cheese Mini Baguette	N	C	N	N	N	N	C	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01827	Wiltshire Ham Mini Baguette	N	C	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C

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DELI Option	R01828	Tuna Mayo Mini Baguette	N	C	N	C	C	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01830	Arrabiata Wedges (Pasta King)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
DELI Option	R01831	Chinese Chicken Curry & Rice (Pasta King)	M	C	N	N	N	N	N	N	C	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01832	Makhani Chicken & Rice (Pasta King)	N	N	N	N	N	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
DELI Option	R01833	Makhani Chicken Pizza (Pasta King)	N	C	N	N	N	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01834	Tomato & Mascarpone Pasta Pot (Pasta King	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01848	Quorn Balls and Chips Loaded Tray	N	C	N	C	N	N	N	N	N	N	N	N	N	C	N	C	N	N	N	N	N	N	N	N	N	C
DELI Option	R01849	Quorn Balls and Wedges Loaded Tray	N	C	N	C	N	N	N	N	N	N	N	N	N	C	N	C	N	N	N	N	N	N	N	N	N	C
DELI Option	R01850	Grated Cheddar on Hovis 50/50	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01854	Egg Mayo Sandwich Hovis 50 50	N	C	N	C	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00951	Wiltshire Ham Half White Baguette	N	C	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00953	Tuna Mayo Half White Baguette	N	C	N	C	C	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00955	Chicken Mayo Half White Baguette	N	C	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00961	Wiltshire Ham Salad White Tortilla Wrap	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01166	BBQ Chicken Half White Baguette	N	C	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01172	Chicken Mayo Salad White Tortilla Wrap	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01591	Wiltshire Ham on Hovis 50/50	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01593	Tuna Mayo on Hovis 50/50	N	C	N	C	C	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R00040	Tuna & Sweetcorn Pasta Bake	N	C	N	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R00132	Tuna & Sweetcorn Pizza	N	C	N	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R00658	Fish Fingers	N	C	N	N	C	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R00673	H/R Junior Battered Pollock Fillet	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R01852	Harry Ramsden Salmon Stars	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R00084	Apple Crumble	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	C	N	N	N	N	C
HOT Pudding	R00088	Chocolate Marble Sponge	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R00090	Syrup Sponge	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R00099	Ginger & Orange Sponge	N	C	N	C	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R00675	Bread & Butter Pudding	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R01512	Peach Crumble	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	C	N	N	N	N	C
HOT Pudding	R01584	McDougalls Hot Chocolate Sponge Pudding	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R01638	Wafflemeister Mini Waffle	N	C	N	C	N	N	M	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R01807	Pancakes with Chocolate Sauce	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R01808	Pancakes with Strawberry Sauce	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C

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HOT Pudding	R01809	Pancakes with Sugar & Lemon	N	C	N	C	N	N	C	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R01810	Pancakes with Fresh Fruit Salad	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00051	Theo's BBQ Chicken Pizza	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00052	Chicken Tikka Masala	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R00054	Beef Bolognaise P	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R00060	Big Breakfast	N	C	N	C	N	N	C	N	N	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00063	Roast Chicken	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R00340	Shepherds Pie	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R00376	Sausages	N	C	N	N	N	N	N	N	N	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00508	Chicken Fajitas	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	C
MEAT	R00529	Hunters Chicken	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N
MEAT	R00569	Cheese Burger Bap P	N	C	N	N	N	N	C	N	N	N	N	M	C	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00843	Hot Dog	N	C	N	N	N	N	N	N	N	N	N	M	C	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01383	Bolognaise Pasta Bake	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01642	Theos Chicken Meatballs HALAL	N	C	N	N	N	N	N	N	N	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01643	Chicken Nuggets HALAL	C	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01644	Chicken Sausages HALAL	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01645	Theo's BBQ Chicken HALAL	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01646	Roast Chicken HALAL	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01647	Beef Burger HALAL	N	C	N	N	N	N	N	N	N	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01648	Roast Pork Loin	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01649	Roast Beef	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01804	Beef & Baked Bean Chilli	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01806	Chicken Chow Mein	N	C	N	C	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01841	Breaded Chicken Breast Goujons RT	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
NGCI	R00271	Chocolate Muffins (NGCI)	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
NGCI	R00335	Plain Sponge (NGCI)	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
NGCI	R00612	Sausages GLUTEN FREE	N	N	N	N	N	N	N	N	N	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	N
NGCI	R00788	Chocolate Crunch (NGCI)	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
NGCI	R00789	Sultana Cookie (NGCI)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
NGCI	R01440	Chocolate Sponge (NGCI)	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
NGCI	R01577	Penne Pasta GLUTEN FREE	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
NGCI	R01620	Fish Fingers GLUTEN FREE	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

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NGCI	R01624	Beefburger (NGCI)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
NGCI	R01650	Breaded Chicken Nuggets GLUTEN FREE	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
NGCI	R01651	Breaded Chicken - GLUTEN FREE	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
NGCI	R01787	Mini Doughnuts - GLUTEN FREE	N	N	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N
PROMOTIONS	R00130	Bacon & Pineapple Pizza	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
PROMOTIONS	R00135	Roasted Vegetable Pizza	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
PROMOTIONS	R00301	Banana Cake	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	M	N	N	N	N	C
PROMOTIONS	R00504	Christmas Tree Brownie	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
PROMOTIONS	R00522	Minty Peas & Leeks	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
PROMOTIONS	R00721	Apple, Peach & Grape Pots	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
PROMOTIONS	R01462	Carrot & Sweet Potato Mash	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N
PROMOTIONS	R01835	Jollof Rice	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
PROMOTIONS	R01836	Pork Sausage in Yorkshire Pudding	N	C	N	C	N	N	C	N	N	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	C
PROMOTIONS	R01845	Herb Roast Potatoes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
PROMOTIONS	R01846	Orange Jelly with Mandarins	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
PROMOTIONS	R01847	Strawberry Jelly with real Strawberries & Cre	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00100	Coleslaw	N	N	N	C	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00102	Mediterranean Pasta Salad	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
SALADS	R00103	Pasta Sweetcorn & Mayo Salad	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
SALADS	R00319	Mixed Salad	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00532	Mediterranean Noodle Salad	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
SALADS	R00563	Savoury Rice	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00584	Peppers P	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00586	Sweetcorn P	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00588	Tomatoes P	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00590	Cucumber P	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00593	Potato Salad	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00594	Carrot	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00595	Beetroot	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00597	Tricolour Pasta	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
SALADS	R00626	Curried Rice Salad	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00627	Pasta with Mayonnaise	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
SALADS	R01537	Lettuce	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

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VEGETABLES	R00036	Cauliflower Cheese	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETABLES	R00263	Sweetcorn	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETABLES	R00264	Peas	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETABLES	R00265	Green Beans	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETABLES	R00266	Cauliflower	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETABLES	R00267	Broccoli	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETABLES	R00268	Baked Beans	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETABLES	R00270	Carrots	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00044	Cheese & Tomato Pizza	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00065	Pasta Neapolitan	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00067	Vegetable Lasagne	N	C	N	M	N	N	C	N	N	N	N	N	N	C	N	M	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00068	Cauliflower & Sweet Potato Curry	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00070	Five Bean Chilli	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00071	Shepherdess Pie	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00072	Cheese & Vegetable Stacker	N	C	N	N	N	N	C	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00076	Vegetable & Lentil Bolognaise	N	M	N	N	N	N	N	N	N	N	N	N	N	C	N	M	N	N	N	N	N	N	N	N	N	M
VEGETARIAN	R00109	Mac 'n' Cheese	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00134	Veggie Sausage in Yorkshire Pudding	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00180	Vegetable Pie	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	M	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00234	Big Vegetarian Breakfast	N	N	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00297	Vegetarian Hot Dog	N	C	N	N	N	N	N	N	N	N	N	M	C	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00298	Quorn Vegan Dippers	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00302	Country Vegetable Bake	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00384	Quorn Pasta Bake	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00534	Vegetable Burrito	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00581	Quorn Korma	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00662	Vegetarian Sausage	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R01522	Quorn Burger	N	C	N	C	N	N	C	N	N	N	N	M	N	N	N	C	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01531	Vegetable & Bean Burger	N	C	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01605	Cheese & Onion Roll	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01607	Vegan Cheese & Tomato Pizza	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01625	Tomato Pasta Bake	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01628	BBQ Veggie Hot Dog	N	C	N	N	N	N	N	N	N	N	N	M	C	N	N	C	N	N	N	N	N	N	N	N	N	C

Recipe Allergen Matrix - PRIMARY (ALL)

July 2024 (2024/25 Menus V.1)

C	Contains
M	May Contain
N	Does Not Contain

This information is for guidance and is correct at the date of issue
Ensure the allergens for all substitutions are checked and added to the Substitution Matrix

Recipe Group	Recipe Code	Description	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphites	Almonds	Barley	Brazil Nuts	Cashew Nuts	Hazelnuts	Macadamia Nuts	Oats	Pecan Nuts	Pistachio Nuts	Rye	Walnuts	Wheat
VEGETARIAN	R01633	V Kitchen Plant Based Sausage Roll	N	C	N	N	N	N	M	N	N	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01820	Pizza Naan	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01844	Quorn Balls with Gravy	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	C